

The Delta Zeta Review

The Delta Kappa Gamma Society International
Dare County, Region 1, Eta State, North Carolina



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- President:
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- First Vice President:
Beth Rooks
- Second Vice President:
Anna Thomas
- Recording Secretary:
Lea Beasley
- Corresponding Secretary:
Jen Smith
- Treasurer:
Nancy Griffin



Greetings...

Jodie Mitchum, President

Greetings Sisters!

I hope your Thanksgiving was filled with good food and times with family, memory-making and walking down memory lane, and time for reflecting on the many blessings we enjoy throughout the year. As I thought about my own, I recalled many of you as colleagues from past years as well as the present and realized what an awesome impact you have collectively made on my life and the lives of many others in our community. Many of you mentored me as a beginning teacher, reaching out to help me transition into the education world successfully. Others of you reached out when tragedy struck my family, supporting me in myriad ways as I navigated into a new normal. A whole bunch of you are among those I count as friends who will always have a special place in my heart. It is also evident that you have sown much good into many children who are now adults. They are working in various occupations in our community and positively impacting people around them. They are raising children of their own and doing their best to grow them into well-balanced adults who will give back in the same way they are doing. For this, I applaud each of you and all of us collectively. The many hours of planning for students, reflecting on how to best meet their individual needs, and worrying and crying over them does pay off. Thank you for all that you have done and continue to do to touch the lives of our children and our community members.

December holidays are right around the corner, and the new year will be following closely. I encourage each of you to do something healthy and rejuvenating for yourselves during this busy time, and then look around to see who you can be a buffer for. As we all know, there are many hurting adults and children around us who just need someone to reach out to them in some simple way, and even more during the holidays. Let's remember during the busyness of the season to Build Ourselves So We Can Build Others.

In Sisterhood,
Jodie

Chapter Highlights

November 5th, 2018 Meeting

The November 5th meeting at First Flight High School celebrated the eve of the midterm elections with a patriotic red, white, and blue theme and democracy inspiration from Susan Sawin. Susan Lee and our own Nancy Griffin, representing the Childhood & Youth Partnership of Dare County, shared a powerful presentation on the impact of ACE'S (Adverse Childhood Experiences) and the role teachers and parents can play in building resilience.



Lynda Wood presented with her 20 year pin at the November meeting

Committees for 2018-20

So much of the work of our chapter is accomplished at the committee level. We are grateful for our dedicated committee chairs who contribute by marshalling our chapter committees. To see a full committee list, [click here](#).



Nancy Griffin and Susan Lee during their ACE's presentation

Hydration Station for the OBX Marathon

The Delta Zeta Marathon Hydration Station was abuzz on November 11 as 16 members, along with a few friends and relatives, handed out refreshments to runners as they ran by. Again this year it was a great time of fun and fellowship.



Beginning Teacher committee proposes a new system of quarterly gifts for this year's new teacher cohort in Dare County.





DKG International

The DKG International Constitution was amended in 2018. For a complete listing and description of the changes, click on the link below:

https://www.dkg.org/DKGMember/Resources/2018_Adopted_Amendments.aspx

In the 2018:1 issue of *The Delta Kappa Gamma Bulletin: International Journal for Professional Educators*, you will find an excellent article about bullying and associated issues that affect educators and schools. To access this issue, click the link below.

https://www.dkg.org/DKGMember/Publications/Bulletin/Journal/Past_Issues/Bulletin-Journal-85-1.aspx

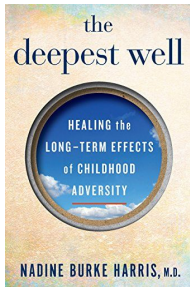
ETA State NC

Plans are progressing for the Eta State NC Convention to be held in Hickory May 3-5, 2019.



Hotel registration is now open, and the workshop session proposal form and the convention ad form are available online. Hotel reservations for the convention may be made by calling the Crowne Plaza Hickory Hotel, 1385 Lenoir-Rhyne Blvd., SE, at 828-323-1000. The rate is \$95 plus tax. There are a few suites for \$129 plus tax. Members should identify themselves as part of Delta Kappa Gamma to get the group rate.

Workshop presenters are needed for Saturday afternoon sessions at the convention in the strands of DKG Society, Professional Growth or Personal Growth. Deadline for submission is February 1, 2019. The downloadable submission form is on the new convention webpage. The convention ad form is also online. Each chapter is encouraged to place an ad honoring members, activities, projects, or achievements.



[Click here to access the book listing on Amazon.](#)



2018-19 Book Study - The Deepest Well

The Deepest Well: Healing the Long-Term Effects of Childhood Adversity, by Nadine Burke Harris, now available in paperback.

Upcoming Calendar

- January 26, 2019 - Meeting at 9 a.m. - location TBD
- March 18, 2019 - Spelling Bee at 6 p.m. - Kitty Hawk Elementary
- April 27th, 2019 - Meeting at 10 a.m. - Buxton Community Center

Delta Zeta Website

<http://tinyurl.com/DZnews>