

The Delta Zeta Review

The Delta Kappa Gamma Society International
Dare County, Region 1, Eta State, North Carolina



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Chapter Officers:

President:

Jodie Mitchum

First Vice President:

Beth Rooks

Second Vice President:

Anna Thomas

Recording Secretary:

Lea Beasley

Corresponding Secretary:

Jen Smith

Treasurer:

Nancy Griffin



Greetings...

Jodie Mitchum, President

Greetings Sisters!

I so enjoyed seeing many of you at our September meeting! As I was setting up and chatting with some of you, I was hearing you interacting with each other and catching up on what is going on in your busy lives. I loved the positive energy in the room as you greeted your sisters, some of whom you had not seen since July or even April. You came bearing gifts for our newest teachers across the district and for some of our students who need us to help build them up by supporting them with basic hygiene needs.

To those of you who were unable to be with us, we greatly missed you! We sat at tables as committees, and we recalled your faces, previous meetings and events we had enjoyed with you, and news that we have heard about the celebrations you have experienced and the challenges you are facing. As Delta Zeta sisters, we are connected in some special ways, and when you walk through life's experiences both positive and not so much, our hearts, thoughts, and prayers are with you.

As I reflect on the sweet atmosphere in the room that evening, I'm reminded of our theme this year: Building Ourselves So We Can Build Up Others. My vision is that over the next two years, we will take opportunities to meet together, enjoy building our relationships and supporting each other in a variety of ways, and together be able to reach out to those around us who are hurting and need our support. In an effort to equip us for this, our programs will be focused on Resilience, on understanding how others react during stressful times, and on ways we can be a "buffer" for those around us who are facing challenging situations.

I wish you a peaceful and fun October, and I look forward to seeing you all at our next meeting on November 5th at First Flight High School! In the meantime, please remember to send your nominations for Honorary Members to Anna Thomas (beagle2001ster@gmail.com) by November 1st.

In Sisterhood,
Jodie



Suzanne Tate offers a gift of her new book, "Merrie Monarch," to our guest Tobey Worthington.



Chapter Highlights

2018 New Member Initiation/Slate of Officers

The April 21st meeting at Manteo Baptist Church celebrated the initiation of four new members: Page Sorey, Debbie Whitaker, Katie Blanchard, and Laura Piland. A new slate of officers was also installed, led by Jodie Mitchum. Delta Zeta was also privileged to host Tobey Worthington, Regional Director for Region 1. Debbie Ashe was honored for 25 years, and Marjalene Thomas was honored for 55 years of membership in DKG!



Summer Dolphin Cruise

The July 27 meeting was a wonderful time of fun, fellowship, and reconnecting. The meeting began with a 2-hour Dolphin Cruise thanks to Paradise Dolphin Cruises.



New member Ashley Gilreath receiving her DKG rose from president Jodie Mitchum at our September 27 meeting.



Committees for 2018-20

So much of the work of our chapter is accomplished at the committee level. We are grateful for our dedicated committee chairs who contribute by marshalling our chapter committees. To see a full committee list, [click here](#).



**Don't forget to VOTE on
November 6!!**

[NCAE Voter guide here](#) -
**learn about endorsed
candidates.**

[Local Voting Information](#)



DKG International

A new delivery procedure takes effect this month for the *DKG NEWS*. Look for your *DKG NEWS* in two formats on the Society's website. Access to the newsletter requires a sign in using your DKG membership number. The first of these formats is a flip book version that allows you to read the document from the screen of your computer. For those that prefer to read a hard copy, you will find a PDF version to download and print out. Whichever format you use, please do continue to read this newsletter to keep up with news at the international level.

ETA State Law & Policy Committee Update

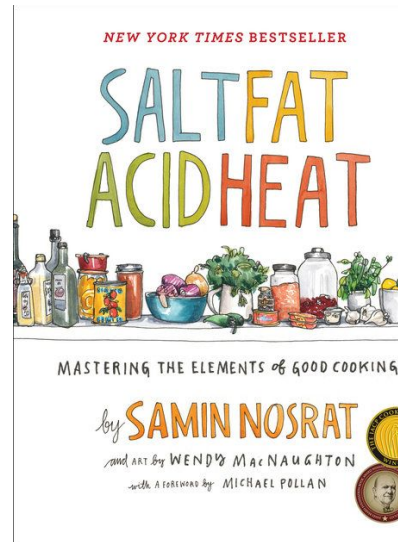
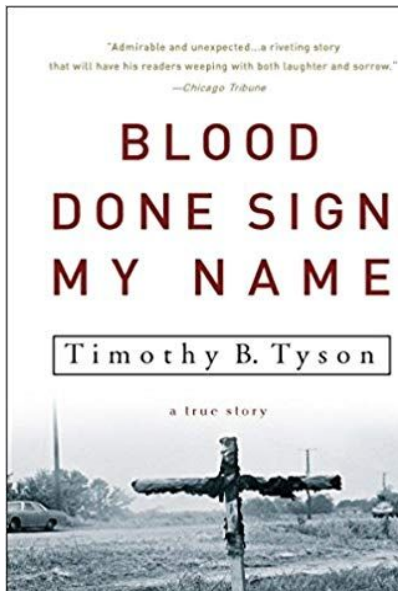
The whirlwind NC legislative "short session" that just ended passed the state budget for the coming school year without open hearings or joint committee meetings of both Republicans and Democrats. The budget was brought to the floor of both the House and the Senate for votes without the possibility of suggested amendments. Many of the needs of North Carolina schools were not met in this budget.

Other legislation from this session that has the potential to impact NC schools and children is a constitutional amendment that will be on the ballot in November. The amendment seeks to put a cap on the NC income tax rate at 7%. Currently, the state rate is capped at 10%, but the current income tax rate is only 5.499%. This tells us that the actual rate is not out of control, so why fix something that is not broken? Looking at the long range impact of this issue and taking into consideration inflation and that tomorrow's needs are totally unknown, future budgets for schools and child protection and well-being could be stifled by a 7% cap. But keep in mind, voters who come to the polls will not know that this amendment could potentially hurt schools and children.

More information can be found at the "Public Schools First NC" website. Between now and November we ask you to study the issue and spread the word about this NC constitutional amendment.

ETA State NC Celebrates 85th Birthday in 2019

In 2019, Eta State NC will observe its 85th birthday, and plans to celebrate by recognizing members who have made notable contributions to education or to DKG on the local, state and national levels. Please review your chapter histories and membership records to locate those in your chapter who have made significant contributions and impacted numerous lives. Think outside the box and determine members in your chapter, past or present, that might deserve recognition. State leaders are still developing plans to utilize the information submitted. More details will be shared at the Eta State NC Fall Executive Board Meeting. Chapters will be asked to send a biography of no more than 150 words and a photograph of the member(s) to be recognized.



October Recommendations

Eat: Give *yourself* a break over Thanksgiving Break! The following local businesses have delicious premade sides available for your holiday table. Spend your time relaxing and enjoying family and friends rather than in the kitchen! Click for the menu options!

[Fresh Market](#) [Ten O' Six](#) [Publix](#) [Steamers](#)

Read: Interested in local history? Memoirs? The Civil Rights movement? If you haven't yet, read *Blood Done Sign My Name* by Tim Tyson. Set in Oxford NC during the seventies. Tyson remembers events that took place in North Carolina and places the development of his own racial identity as a southern white liberal into historical context. Tyson also wrote last year's *The Blood of Emmett Till* which was longlisted for a National Book Award.

Watch: *Salt Fat Acid Heat* is a new and different kind of food show available now on Netflix. Learning to master the four basic elements of all cooking has never been more, well, *educational!*

At the October 2018 meeting, President Jodie Mitchum announced our 2018-19 Book Study:

The Deepest Well: Healing the Long-Term Effects of Childhood Adversity, by Nadine Burke Harris

“Children are compelled to give meaning to what is happening to them. When there is no clear explanation, they make one up; the intersection of trauma and the developmentally appropriate egocentrism of childhood often leads a little kid to think, I made it happen.”

Upcoming Calendar

- November 1, 2018 - Honorary nominations due to Anna Thomas
- November 5, 2018 - Meeting at First Flight High School, 5 p.m.
- November 11, 2018 - OBX Marathon Hydration Station
- January 26, 2019 - Meeting at 9 a.m.

Delta Zeta Website

<http://tinyurl.com/DZnews>