

The Delta Zeta Review

The Delta Kappa Gamma Society International
Dare County, Region 1, Eta State, North Carolina



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Chapter Officers:

President:

Diane Childress

First Vice President:

Jodie Mitchum

Second Vice President:

Dawn Tillett

Recording Secretary:

Susan McFarlane

Corresponding Secretary:

Debbie Ashe

Treasurer:

Nancy Griffin



Greetings...

Diane Childress, President

It was a pleasure to see so many of you at our meeting in September! It's one of my favorite meetings! First of all, it's usually well attended! I guess because it's the beginning of our school year and it's so refreshing to see everyone, share the excitement and feel the buzz of a new year! In addition, I'm grateful that we come together to support Food for Thought, Mano al Hermano and Beginning Teachers in such an amazing way! Our beginning teacher bags get better and better each year! They weighed about ten pounds each:)

Speaking of beginning teachers, Jodie and I had the opportunity to work with our beginning teachers last weekend. After our portion of the agenda, we had the privilege of sitting in the back and listening to our newest Dare County teachers share their experiences, thoughts and aspirations for their students this year! They shared some of the barriers that we face, as educators, on a daily basis. Instead of complaining, they were problem solving. They brainstormed strategies, shared personal stories and collaborated in a number of ways to come up with ideas to address the needs of their students. It was revitalizing and made me proud that we're such an integral part in supporting new teachers. However, I also realized how much we can gain from them! A few themes I overheard were: relationships must be built for mutual respect, hard work will make a difference and mistakes provide valuable learning opportunities! I was in total agreement! If you're in agreement, say 'Yay', I mean, 'Aye!' (joke from last meeting).

We've got a busy year ahead! Please plan to send any new member nominations to Dawn Tillett by November 1st. Collect dimes for World Fellowship. Also, don't forget to order and read one of the three book choices, in order to participate in our book talks at our January meeting. They are: **One Amazing Thing** by Chitra Divakaruni, **Strong Is the New Beautiful: Embrace Your Natural Beauty, Eat Clean, and Harness Your Power** by Lindsey Vonn OR **The Organized Mind: Thinking Straight in the Age of Information Overload** by Daniel J. Levithin.

In Sisterhood,
Diane (childressdi@daretolearn.org)

DKG International News

Making Members Matter

Every year about this time, members renew their commitment to DKG by paying their dues.

“Commitment” may look different to different people and in different circumstances. Making members matter may mean understanding them for who they are and where they are at any given time. Members who pay dues but don’t attend meetings may be at a place in life where robust involvement is not an option. However, in anticipation of a change in circumstances, holding on to membership is a priority.

To make members feel they matter, members at every level of engagement, involvement and commitment must be embraced without judgment. Just as diversity in membership should include members of varied ages, ethnicity, career levels, personalities and professional content areas, a growing vital chapter will also include members with varied levels of commitment and different perspectives about what membership means.

Adapted from - SOURCE: DKG News VOL.74 NO 5 - SEP/OCT 2017

ETA State News

Rising Star Award

The Eta State Rising Star Award is intended to recognize and encourage key women educators in their early years of active membership in NC Delta Kappa Gamma. These members demonstrate exceptional growth in education, leadership, and contributions to the organization consistent with our Vision and Purposes. Rising Star nominees reflect strong potential for successful leadership at the chapter and state levels and beyond. Five NC Delta Kappa Gamma members meeting the standards of this award will be honored each year at the Eta State NC Convention.

Read more:

http://www.ncdkg.org/uploads/8/0/8/5/80859646/eta_state_news_-_fall_2017_color_final.pdf

Delta Zeta News

Coming Soon to a Hydration Station Near You...

November 12 is the date for our annual Outer Banks Marathon extravaganza. Join the award-winning sisterhood of bees (i.e. 908 Clipper Ct., KDH)! Click on the link below to see how you can help. <https://goo.gl/forms/9cTtbB8uR39C5jEw2>

What we have done for ourselves, dies with us. What we have done for others and the world remains and is immortal.

Albert Pike



***Have patience with all things
but first of all with yourself.***
~ Saint Francis de Sales

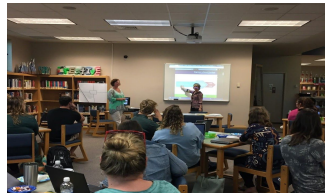
Chapter Highlights

Continuing a Tradition

Once again Delta Zeta sisters prepared bags of “goodies” for Dare County Schools teachers who are new to education. These bags included items such as office supplies, tasty treats and gift cards all gathered to help make life as a new teacher a bit easier on the pocketbook and to reassure these brave new teachers that Delta Zeta sisters support them in their new endeavor.



Professional Learning



Throughout the year Dare County Schools offers new teachers the opportunity to attend workshops where they can pick up tips and tricks from experienced teachers and administrators. Frequently Delta Zeta sisters are asked to participate. As this year got underway, chapter president Diane Childress and vice president Jodie Mitchum led professional learning explaining a new opportunity, Beginner to Board Certified.

Recent Meeting Highlights

50/50 Raffle Returns

The 50/50 raffle has made a comeback! It’s a win-win situation with one member leaving with a bit of cash and the Jeanette Gard Grant-in-Aid fund grows.

Teacher of the Year

Three DZ sisters were recognized as their school’s Teacher of the Year for 2017-2018. Congratulations to Shauna Leggett - Cape Hatteras Elementary, Jen Smith - First Flight Elementary, and Erin Basilone - First Flight High.

Childcare Available

Thanks to area high school students we are now able to offer childcare during Delta Zeta meetings. This provides an opportunity for our sisters with young children to fully participate in meetings

Way to Go!

Bea Basnight was recognized at the July meeting for her 30 years of membership and service in our Delta Zeta Chapter.





Good reads...

Little Fires Everywhere
by Celeste Ng

Sting-Ray Afternoons: A
Memoir
by Steve Rushin

The Address
by Fiona Davis



Looking Forward...

- November 8, 2017 - Delta Zeta - 5:00 - Manteo High School
- April 27-29, 2018 - ETA State Convention - University Hilton Charlotte, NC
- July 16-20, 2018 - DKG International Convention - JW Marriott Austin Austin, TX

From the Kitchen...

Greek Lemon Chicken Soup

10 cups chicken broth	3 Tbsp. olive oil
8 cloves garlic, minced	1 sweet onion
1 large lemon zested	2 boneless/skinless chicken breasts
1 c. israeli (pearl) couscous	½ tsp. crushed red pepper
2 oz. crumbled feta	⅓ c. chopped chives
Salt and pepper	

Place the olive oil in a large 6-8 quart sauce pot over medium-low heat. Peel the onion. Then quarter it and slice into thin strips. Once the oil is hot, saute the onion and minced garlic for 3-4 minutes to soften .

Add the chicken stock, chicken breasts, lemon zest, and crushed red pepper to the pot. Raise the heat to high, cover and bring to a boil. Once boiling, reduce the heat to medium, then simmer for 5 minutes.

Stir in the couscous, 1 teaspoon salt, and black pepper to taste. Simmer another 5 minutes, then turn the heat off.

Using tongs, remove the two chicken breasts from the pot. Use a fork and the tongs to shred the chicken. Place the chicken back in the pot. Stir in the crumbled feta cheese and chopped chives. Taste and salt and pepper as needed. Serve warm.

Of Interest...

Tech Tip - Use private browsing...

The uses for not having cookies and history saved are obvious for certain activities, you know, like shopping for gifts on a shared computer (of course!). Pressing Ctrl + Shift + N will launch a new private in Chrome, Ctrl + Shift + P will do it in Firefox and Internet Explorer.

Delta Zeta Website

<http://tinyurl.com/DZnews>

Check out Delta Zeta on Facebook